Intro To Mediumship & Intuitive Development

with Caroline de Bergevin

Expand Your Senses, Boost Your Intuition!

Friday, December 17 7:30PM-9:00PM \$35 per person (\$40 door)

Intuitive Medium Caroline de Bergevin presents the first in a series of workshops to help you discover, explore and refine your intuitive abilities in a supportive group of like-minded empaths.

We all have innate intuitive and psychic abilities, which we may or may not already be aware of, or have ever set an intention to fully explore. Caroline will help you recognize and further refine your own spiritual gifts to connect with your higher self for greater peace of mind and purpose.

Caroline will teach the following skills, plus share her own experiences of spiritual awakening and provide consult, mentorship and open sharing among the group:

- · Common experiences of a spiritual awakening
- How to relate to others and the world around you as an empath
- Understanding the difference between a "psychic" and a "medium"
- The 6 different Clair Sences and which resonates with you
- Psychometry 101
- Recognizing synchronicities
- Developing a relationship with your Guides

Pre-register online:

https://www.updogyoga.com/workshops/rochester-workshops





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